

The Guide

A Theatergoer's Resource

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Tiny Beautiful Things

Based on the book by Cheryl Strayed

Adapted for the stage by Nia Vardalos

Cast and Creative Team

[-Click Here-](#)

An Interview with Cheryl Strayed

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The World of the Play

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Plot Summary

A celebration of the simple beauty of being human, this funny and deeply touching exploration of resilience is based on Cheryl Strayed's (*Wild*) journey as the beloved anonymous advice columnist for "Dear Sugar." Over the years, thousands of people turned to Sugar for words of wisdom, compassion, and hope. At first unsure of herself, Sugar finds a way to weave her own life experiences together with the deep yearning and heartrending questions from her readers. Brilliantly adapted for the stage by Nia Vardalos, the Academy Award-nominated writer of *My Big Fat Greek Wedding*.